

HAPPINESS
BEGINS WITH
GOOD HEALTH

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MOUNT LEBANON HOSPITAL
UNIVERSITY MEDICAL CENTER

BECAUSE YOU
ARE OUR PRIORITY

Non invasive Cardiac and Pulmonary Testing

-Cardiac and Vascular evaluation including Echocardiography, Stress Echo test, Carotids duplex ultrasound, 24-hour ECG and/or Blood Pressure monitoring (if prescribed by our Cardiologists)

-Pulmonary Function Tests (PFT) for lung evaluation
Sleep Studies (polysomnography) as a workup for sleep problems.

Women's health testing

-Mammography & Ultrasound according to age appropriate testing
-Pap smear to detect early cervical cancer
-Hormone replacement therapy counseling
-Bone Densitometry (Dexa Scan) to rule out osteoporosis

Gastroenterology & Hepatology Evaluation

-Endoscopy & Colonoscopy according to age appropriate testing
-Video Capsule Endoscopy


Head & Neck Evaluation

-Consultation with otorhinolaryngology specialist
-Audiogram tests if needed

To customize your full health check, give us a call or drop us a message with your contact details:

  @mountlebanonhospital

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 +961 71 99 88 33

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PREVENTION
IS ALWAYS
BETTER THAN
TREATMENT!

Medical Imaging evaluation

-Total body CT-scan
-Low dose radiation CT chest, for lung cancer early detection screening in smokers
-CT abdomen and pelvis, to evaluate liver kidney and kidney stone
-Abdomen and pelvis ultrasound
-Bone Densitometry (Dexa Scan) in men with indications or signs of osteoporosis.

Vaccination

-Vaccination plan according to age and travel plans

Ophthalmologic Evaluation

-Full Eye checkup by our specialist

Nutritionist Evaluation

-Body Mass Index evaluation and consultation with our expert Nutritionist

Dermatology or Plastic & Reconstructive surgery consultation

-Upon request

All results are available online to share with your healthcare provider(s)



WHO WE ARE

Located in the Governate of Mount Lebanon, Hazmieh, Mount Lebanon Hospital University Medical Center is the largest private university hospital in Lebanon and ranks first amongst the leading oncology providers in the MENA Region. Over the last 25 years, Mount Lebanon Hospital University Medical Center has earned the trust of millions due to its excellence in healthcare and commitment to the wellbeing of the community. MLH UMC was accredited in 2016 and re-accredited in 2019 by The Joint Commission International (JCI).

The “precious health” prevention package by MLH UMC is customizable to fit busy lifestyles and promotes comfort and well being away from the stress of a hospital. Every person needs a check up every now and then; we are here to assist you in the planning and guide you at every step for solutions that are tailored to your needs.

PREVENTIVE TESTS TAILORED TO YOUR AGE, GENDER AND FAMILY HISTORY. OUR “PRECIOUS HEALTH” PREVENTION PACKAGE



OUR SERVICES

Medical History & Physical Exam

- Comprehensive Medical history (including medications)
- Physical Examination (including Skin Cancer prevention examination)
- Vitals sign Examination (like blood pressure, heart rate , respiratory rate etc..)

Laboratory Medicine Tests

- Complete blood count and differentials
- Full blood chemistry panel
- Urine analysis and micro-albumin level in urine
- Vitamin levels (Vitamin D, Vitamin b12, Zinc)
- Kidney and full liver function tests
- Cholesterol, lipid and diabetes panel
- Thyroid and hormonal panel for men and women
- Cancer screening panel, Prostate-Specific Antigen (PSA) for men and other tumor markers (CEA, Ca15.3, Ca19-9, Ca125, and alpha feto-protein)
- Viral panels such as Hepatitis B, C and HIV